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The Essential Obstetrics (OB) Training Checklist
8 Must-haves to make your OB training a success

1 LEARNING THAT STICKS

Thanks to Hermann Ebbinghaus's research, we know that humans forget on a predictable curve (the "forgetting curve"). However, scientists have since discovered — through extensive research on learning and memory — that certain learning methodology results in better, longer retention. Choosing a learning platform that uses science-based techniques (like Amplifire's patented technology) is important not only because it makes learning more effective, but also because it is a better experience for the learner. OB clinicians learn faster and actually retain more than traditional learning methods, increasingly critical as we continue to experience rising maternal mortality and morbidity across the nation.

2 IDENTIFY HIDDEN RISK

Confidently held misinformation (CHM) occurs when a learner thinks they are correct but are, in fact, wrong. This type of cognitive risk is particularly dangerous because confidence is a strong leading indicator of action, that, in the case of maternal care, could be a catastrophic mistake. Having the ability to detect CHM via online learning platform preemptively corrects an unmade mistake, which ultimately improves outcomes and saves lives.

3 PERSONALIZED LEARNING EXPERIENCE

The learning experience is rigorously personalized with adaptive functionality. It can cut learning time in half (sometimes more) by treating each learner as an individual with their own unique mix of mastery, misinformation, uncertainty, and information gaps. Learners don't waste time learning things they've already mastered and only focus on things they don't know. Personalized learning respecting clinicians' expertise and time, boosting satisfaction and getting them back on the floor faster.

4 MEET JOINT COMMISSION STANDARDS FOR MATERNAL SAFETY

Courses designed by subject matter experts ensure that health systems meet Joint Commission Standards.

5 CUTTING-EDGE, TARGETED CONTENT

Even with adaptive functionality and brain-science based methodology, learning is fruitless without exceptional content. Working with an expert content team can be the difference maker of good versus great courses. For health systems using simulation training, expertly designed content delivered as a primer to simulation training greatly enhances retention and perfectly accompanies simulation or in-person instruction.

Moreover, having the ability to choose courses from a library with essential courses provides flexibility, minimizes cost, and maximizes training productivity.

6 LEARNER SATISFACTION METRICS

Throughout training, organizations should prioritize collecting feedback from learners to ensure a positive learning experience. A positive training experience directly correlates to clinician satisfaction, which promotes healthy staff retention and prevents burnout.

7 LEARNER ANALYTICS

In addition to pinpointing struggle, uncertainty, and CHM to inform 1:1 coaching, learner analytics are also valuable to training programs on another level. In showing where clinicians need more training versus what material they've mastered confidently, analytics help organizations optimize their programs by seeing what works, boosting training ROI by cutting out wasted time and effort.

Deep insights also allow instructors to see which topics have landed and which topics learners have struggled with. Instructors can identify individuals who are struggling and with what questions or topics to provide at-the-elbow coaching.

8 COLLABORATION

Health systems need not face training alone. Some of the most meaningful advances in patient safety arise from inter-system collaboration. Sharing ideas, innovations, insights, and discoveries with like-minded organizations prompts growth and optimization to ensure better outcomes for all.

Is your organization's OB training program making a real impact on outcomes?
Learn more about OB risk reduction solutions here.